

Ask a grown-up to write your name on the first line. Trace it. Then write it yourself.

[illegible]

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This image shows a full page of handwriting practice paper. It features ten identical rows of horizontal guidelines. Each row is composed of three lines: a solid blue line at the top, a dashed blue line in the middle, and another solid blue line at the bottom. These lines are evenly spaced across the entire page to help children learn letter height and placement. The background is white, and there are no other markings or text on the page.

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